

GUESS THE SENTIMENT



Guess the Sentiment is a perfect game for team settings that can be easily adapted to other groups as well.

It is primarily intended for coaches and educators who wish to enhance team spirit, communication, and cohesion.

The following pages contain 40 cards featuring feelings, qualities, and skills.

Participants draw a card and describe a real-life situation they associate with it, without using the exact word on the card or its synonyms. The others then try to guess the “sentiment.”

If participants can't think of a suitable situation, they may place the card aside, face down, and return to it later.

There are no right or wrong answers, and not all cards need to be drawn.

The main idea behind the game is to encourage discussion and raise awareness of shared experiences.

For more details about the game, visit [We Are Biljka – Guess the Sentiment](#).

Trust

Safety

Respect

Understanding

Reliability

Support

Appreciation

Accountability

Fairness

Consideration

Active Listening

Clarity

Openness

Transparency

Curiosity

Directness

Responsiveness

**Constructive
Feedback**

Alignment

Inclusion

Self-Respect

Boundaries

Confidence

Saying No

Ownership

Assertiveness

Kindness

Care

Empathy

Thoughtfulness

Patience

Warmth

Generosity

Gratitude

Presence

Acceptance

Forgiveness

Togetherness

Hospitality

Compromise