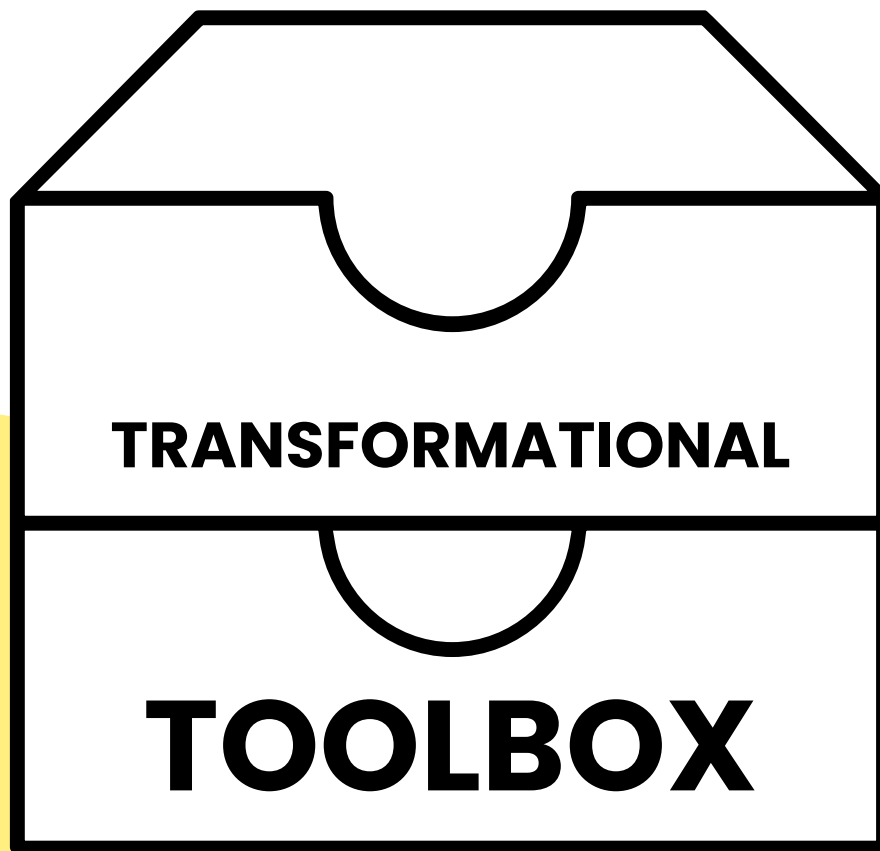


Biljana Radanović

PREXcoaching®



1 concept,
32 insights &
1 uncharted playground

Before you start

A while ago, I bought an organizer with 33 drawers that instantly reminded me of that classic coaching method, *Think of this toolbox as your (container for your desired object or concept)*.

It inspired me to write a blog post, [Building Your Creativity Toolbox, Drawer by Drawer](#), which is also the first exercise here. In the post, I used the term toolbox instead of organizer on purpose, so I decided to stick to that choice here as well.

As soon as I wrote the post, I immediately saw its potential, so I worked out the idea according to the same principle: one topic that covers 32 smaller responses plus one big foundation, which mirrors the actual organizer's layout.

This layout is also reflected here: there are 32 topics plus one blank template, hence the name: *Transformational Toolbox: 1 concept, 32 insights & 1 uncharted playground*.

The uncharted playground offers endless possibilities for creating your own exercises. For example, if you're a language teacher, use the template to build or revise vocabulary or certain structures. If you're a coach, use it to design your own exercises, like the ones for reframing. Or, if you're a journaling enthusiast, use it to create your own notes, lists, or memos.

However, no matter how you choose to use this *Transformational Toolbox*, I'm certain it'll bring you many insightful moments, both for you and those around you.

The *Transformational Toolbox* is part of the supporting materials to PREXcoaching®. For more information, visit our official [PREXcoaching®](#) website. For additional resources, ideas, and insights, follow me on [social media](#), check out my blog [We Are Biljka](#), or [get in touch](#) personally.

Let's play and grow together,

Biljka

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Creativity

Which 32 tools do you have in your creativity set, and what's the one foundation that holds them all together?

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Skills

Which 32 skills are in your toolbox, and what's the one foundational skill everything else builds on?

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Boundaries

Which 32 boundaries safeguard your integrity, and what's the one boundary that all others rest upon?

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Teamwork

Which 32 qualities make teamwork thrive, and what's the one thing that holds them all together?

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Telling Your Story

Which 32 moments of your life are history-worthy, and what's the one moment that's the heart of your story?

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